BEFORE THE BOARD OF COUNTY COMMISSIONERS

FOR TILLAMOOK COUNTY, OREGON

In the Matter of Proclaiming the Month)	RESOLUTION
of September as "National Suicide)	#R-23-018
Prevention Month" in Tillamook County,)	
Oregon)	

This matter came before the Tillamook County Board of Commissioners on September 6, 2023 at the request of Frank Hanna-Williams, Executive Director, and Janeane Krongos, Prevention Specialist of the Tillamook Family Counseling Center. The Board being fully apprised of the records and files herein, finds as follows:

- 1. Suicide is a public health concern that can affect community members of all ages.
- 2. Suicide can be defined as an intentional death caused by self-harm.
- 3. Many community members have been impacted by suicide. In Oregon, suicide was the 10th leading cause of death among Oregonians.
- 4. Help can be initiated through crisis hotlines. The Tillamook County 24/7 Crisis Hotline can be reached by calling (503) 842-8201 or (800) 962-2851. The 988 Suicide & Crisis Lifeline can be reached by calling 988. The National Suicide Prevention Lifeline can be reached by calling (800)273-8255.
- 5. With effective behavioral health treatment, community members who experience mental health challenges can recover and can lead a full life.
- 6. Everyone in the community can be impacted by suicide and has the responsibility to promote good mental health, support suicide prevention efforts, and support mental health treatment.
- 7. If you are experiencing challenges with your mental health, we encourage you to speak with your health provider about local options for mental health services. To learn about behavioral health services provided by the Tillamook Family Counseling Center, call (503)842-8201 or visit www.tfcc.org

NOW, THEREFORE, LET IT BE RESOLVED, that:

8. The Tillamook County Board of Commissioners hereby proclaims September as "National Suicide Prevention Month" in Tillamook County, Oregon.

DATED this 6th day of September, 2023.

BOARD OF COMMISSIONERS FOR TILLAMOOK COUNTY, OREGON	Aye Nay Absent/Abstain
Erin D. Skaar, Chair	
Absent	x /
Mary Faith Bell, Vice Chair	
David Yamamoto, Commissioner	<u></u>
ATTEST: Christy Biggs, County Clerk	APPROVED AS TO FORM:
BY: Lotra Jarland	uelf
Special Deputy	William K. Sargent, County Counsel