



## **Tillamook County**

### **COVID-19 Reopening Framework**

**Based on the "7 Prerequisites for Phased  
Reopening of Oregon"**

**(5/8/20)**


## PURPOSE

The purpose of this document is to provide guidance for individuals and agencies in the local process of Reopening Oregon using Governor Kate Brown's "7 Prerequisites for Phased Reopening of Oregon" (5/2/20).

This document also serves as the Board of County Commissioners' request for review and approval, by the Oregon Health Authority (OHA), of county compliance with the "7 Prerequisites for Phased Reopening of Oregon" and approval by OHA for Tillamook County to move to Phase 1 of reopening per the Governor's Reopening guidance (05/07/2020).

The following statement of compliance with the above referenced prerequisites has been prepared by the Tillamook County Public Health Department. The Prerequisite document has been reviewed and approved by the Board of County Commissioners during a public meeting held on May 8, 2020 as indicated by the signatures below.

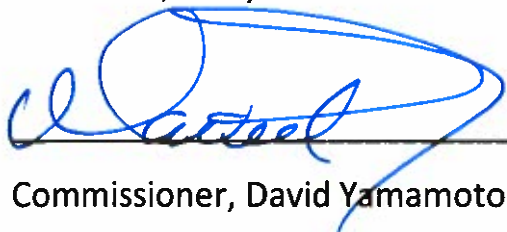
APPROVED

  
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Chair, Bill Baertlein

  
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Vice Chair, Mary Faith Bell

  
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Commissioner, David Yamamoto

DATE: May 8, 2020

## **Section 1: Overview**

Tillamook County is primarily a rural county, located approximately 75 miles west of Portland, Oregon. Tillamook County is bordered by Clatsop County on the north, Washington and Yamhill Counties on the east, Lincoln County on the south, and the Pacific Ocean on the west. The entire county is situated on the west slopes of the Coast Range Mountains; consequently, all rivers in the county drain westward into the Pacific Ocean. The county has an area of 1,125 square miles and a coastline, which is 57 miles long.

This narrow coastal strip constitutes approximately 10 percent of the county land area and contains about 90 percent of the county's population. The remaining 10 percent of the county population is situated in the foothills of the coast range and along the narrow river canyons in mountainous areas.

The seven incorporated cities in Tillamook County are: Tillamook, Garibaldi, Bay City, Rockaway Beach, Manzanita, Wheeler, and Nehalem. All are situated within the coastal strip either along the beach or estuaries.

As of 2015, the estimated population in Tillamook County is 25,653 and 18,573 housing units. The race and ethnicity proportions for the county is estimated at 93.8% White, 10.7% Hispanic or Latino, 1.6% American Indian and Alaska Native, 1.1% Asian, 0.6% African American, and 0.3% Native Hawaiian or Other Pacific Islander. The estimated persons under 5 years is 5.3%, persons under 18 years is 19.2%, and the estimated persons 65 years and over is 24.0%.

## **Section 2: Tillamook County's COVID-19 Response**

Tillamook County activated both the county incident management team and Tillamook County Community Health Centers (TCCHC) (which includes public health) incident management team on March 2<sup>nd</sup>. The Board of County Commissioners for Tillamook County adopted a Declaration of a Local State of Emergency due to the COVID-19 pandemic on March 14<sup>th</sup> which was then extended on March 22<sup>nd</sup> with the addition of county closures to stem the transmission of COVID-19. The Board of County Commissioners then further adopted through a resolution a "Continuance of a State of Emergency" extensions through May 15<sup>th</sup> and then May 31<sup>st</sup>.

TCCHC established priorities for the county to ensure that Tillamook County was prepared for the COVID-19 response in coordination with the Oregon Health Authority. The following steps were conducted to prepare the county:

- Assembled the Tillamook Medical Advisory Group: a group of healthcare and social service agencies within the county. This group included long term care facilities, dialysis centers, and homeless care agencies.
- Convened the Committee for Tillamook Agencies and Businesses: a committee of private and public agencies that was created to establish emergency preparedness response efforts and coordination for Tillamook County.
- Opened the Mobile Health Clinic for providers to see patients that are exhibiting COVID-19 like symptoms and to provide testing for symptomatic patients.
- Opening a COVID-19 RN advice line for patients to call in and discuss their symptoms and be scheduled for appointments, if necessary, with the Mobile Health Clinic providers. Available in English and Spanish with other languages provided through a third-party language line.
- Enhanced community messaging and media presence on COVID19 through: daily PSAs on local radio stations and morning talk shows; Emergency Manager list serve messages; public health updates at BOCC morning COVID19 virtual meetings three times a week; updating the Health Center the website to provide daily updates and links on COVID19 related topics; and, providing at least twice daily updates on Facebook.
- Established a community donation site and community hotline with Tillamook YMCA to receive donations of medical supplies from the community and to distribute supplies through specific protocol
- Created an Isolation/Homeless Shelter Plan for individuals who are needing housing assistance while exhibiting the COVID-19 symptoms, awaiting the results of a COVID-19 test, or are confirmed positive and cannot safely shelter in place.
- Coordinated with Adventist Health Tillamook and Rinehart Clinic to determine COVID19 testing capacity.
- Coordinated with Adventist Health Tillamook hospital for surge response to expected COVID-19 symptomatic patients.

- TCCHC coordinating with the Tillamook County Medical Reserve Corp to assist with contact tracing for patients confirmed positive in the county.

Tillamook County received notification of their first positive case on March 26<sup>th</sup>. Since then, Tillamook County has 6 confirmed positive cases and none of the cases required hospitalization. The last confirmed case was on April 14<sup>th</sup>.

### **Section 3: Tillamook County's Operating Framework for Reopening**

Tillamook County Community Health Centers in coordination with Tillamook County Emergency Management will continue to respond to COVID-19 in the same manner as we have, even in light of the process of Reopening Oregon. TCCHC will continue to operate an Incident Management Team alongside Tillamook County's Incident Management Team to ensure a deliberate, thoughtful, and inclusive reopening strategy for the county.

Effective communication to county residents and visitors to Tillamook County is critical to ensuring that everyone continues to abide by the safe social distancing standards and other CDC and OHA precautions that are put in place. TCCHC will work with the Board of County Commissioners, emergency management, and other stakeholders to ensure that communication strategies are in place to continue the awareness campaign during this reopening process so that the standards that are established in the Phase 1 Reopening Guidelines stay in place.

Within this framework, Tillamook County, Oregon hereby submits its plan for a Phase 1 reopening of Tillamook County. This plan has been designed in collaboration with Tillamook County Board of County Commissioners, Tillamook County Emergency Management, and Tillamook County Community Health Centers.

**Prerequisite checklist for the reopening of Tillamook County under the guidelines of Phase 1**

	<b>County</b>
<b>Declining prevalence of COVID-19</b>	
a.) The percentage of emergency department visits for COVID-19- like illness (CLI) are less than the historic average for flu at the same time of the year.	<b>STATE</b> – Tillamook County understands the State of Oregon is addressing these criteria and OHA has the relevant information.
b.) A 14-day decline in COVID-19 hospital admission.	<b>Yes</b> - Tillamook County’s last positive case was on April 14 <sup>th</sup> and there have been no hospital admissions of confirmed COVID-19 patients in the county. OHA can confirm this information.
<b>Minimum Testing Regimen</b>	
Regions able to administer testing at a rate of 30 per 10K per week	<p><b>YES</b> –Tillamook County Community Health Centers does provide testing in cooperation with Adventist Health Tillamook hospital and its system clinics. With recent increases in availability and testing, Tillamook County has the minimum number of test kits to fulfill the weekly requirements of 30 per 10,000 residents. During the week of 4/27/20- 5/1/20, TCCHC conducted 16 COVID-19 tests. Using TCCHC’s mobile clinic, testing capacity of 40-50 tests is possible with two providers, 3 medical assistants, and interpreters over the course of 8 hours.</p> <p>Tillamook County Community Health Centers currently has 500 test kits for COVID-19 in stock to support local partners and vulnerable populations. Additionally, testing options and capacity are expanding at Adventist Health Tillamook for the region through receiving supplies and Abbott Quick Test kits. Testing criteria remains the same with fever, coughing, shortness of breath, body aches and other symptoms identified by the CDC and OHA. Local medical provider discretion is essential for this model to work effectively.</p> <p>Tillamook County Community Health Centers can provide a mobile clinic to provide 40-50 tests per day. As the county reopens, an assessment of practices will take place to assess additional testing needs.</p> <p><b>HEALTH REGION</b> – Tillamook County understands that the Region has also met these criteria and OHA has this information.</p>
Sufficient testing sites accessible to underserved communities.	To support partners and contact tracing, Tillamook County Community Health Center has requested 5,000 test kits (enough for 15% of the overall population) through Tillamook County Emergency Management’s OpsCenter (4/30/20) and will explore increased testing ability with additional OHA staff

	<p>for outreach. These tests will serve to support testing for underserved communities in the county. Additionally, Tillamook County Community Health Center’s mobile clinic can travel to remote areas of the county to serve communities that may not be able to travel to clinics or due to COVID restrictions are unable to travel and provide services to those at-risk populations within Tillamook County.</p> <p>Tillamook County Community Health Centers will provide outreach to the Latino/LatinX communities in the county through our bilingual staff (English/Spanish). TCCHC has 13-15 bilingual staff (English/Spanish) in various positions within the health department and access to interpreters for other languages. These staff members can also deploy with the Mobile Health Clinic to reach at-risk and underserved populations.</p> <p>TCCHC also has a dedicated COVID-19 nurse line available in English and Spanish and has access to interpreters for other languages via a contracted Language Line. TCCHC is conducting virtual visits with medical, dental, and behavioral health patients through telemedicine options. This is also being used for WIC and home-visiting. Similarly, TCCHC is conducting OHP enrollment for individuals who are seeking health insurance.</p> <p>The additional tests will also be used for the Long-Term Care Facilities as needed. Other at- risk populations will be reached through the Tillamook County Community Health Centers ’s Emergency Preparedness Coordinator who is working with the regional Medical Advisory Group.</p> <p>Tillamook County’s correctional facility has access to testing supplies via both Adventist Health Tillamook and the county’s Health Center/Department.</p> <p>Tillamook County updates and promotes COVID19 related information through the Tillamook County Community Health Centers website and Facebook page along with regional partners.</p> <p>Tillamook County Community Health Centers will continue to monitor data with OHA and the tri-county Epidemiologist (Community Health Modernization). Currently, there is a daily update provided to tracking data and monitoring cases.</p> <p><b>HEALTH REGION</b> - Tillamook County understands that the Region has met these criteria and OHA has this information.</p>
<b>Contact Tracing Systems</b>	
County has 15 contact tracers per 100k people.	<p><b>YES</b> – Tillamook County Community Health Centers will take the lead on <b>Case Investigations and Contact Tracing</b> pursuant to guidelines provided by OHA (See Novel Coronavirus Disease 2019 Investigative Guidelines). At a rate of 15 staff per 100,000 population, this would require 5 staff to meet the minimum requirements.</p>



<p>County contact tracing workforce is reflective of the county and able to work in needed languages.</p>	<p>To date, all staff have received training to support a full response. The current COVID-19 Contact Team is composed of one Communicable Disease Nurse, four public health clinic nurses, three Bilingual (English/Spanish) care coordinators, one public health program representative. All staff will demonstrate completion of “Just-in-time” training. These staff are supported by bilingual (English/Spanish) and bicultural interpreters and clerical staff that are employees of the health center. For languages other than Spanish or English, language interpretation is available under the health center contract with Language Line and Linguava. Three staff have 24/7 access to Orpheus (Orpheus is an integrated electronic disease surveillance system intended for local and state community health epidemiologists and disease investigators to efficiently manage communicable disease reports). Tillamook County Community Health Centers staff also will has a volunteer agreement and works closely with the county’s Medical Reserve Corp (MRC). The MRC has expressed an interest and willingness to assist with contact tracing. Just-in-Time online training will be provided in conjunction with OHA for the MRC.</p>
<p>County is prepared to trace 95% of all new cases within 24 hours.</p>	<p>The Clinical Nursing staff (above)will monitor Orpheus for 95% of all new cases traced, documented, and report this out daily. Contact tracer staff (above) will assist as needed with investigations and the department has a contract with Language Line that cell phones could be used in the field if needed.Should additional support be needed staff will contact Oregon Health Authority’s Acute and Communicable Disease Program.</p>
<p><b>Isolation Facilities</b></p>	
<p>Counties have hotel rooms available for those who cannot self-isolate.</p>	<p><b>YES</b> – Should an individual or family that is experiencing homelessness contract COVID-19 or be identified as a contact of a known COVID-19 case, Tillamook County will use the Tillamook County Community Health Center’s Care Coordinator to identify housing through a prearranged agreement with a local hotel. The hotel staff will monitor identified individual needs for necessities of daily living, food, laundry, and medications while in isolation. TCCHC health staff will monitor the identified individual’s health needs.</p> <p>TCCHC will address all referrals and questions from local health care providers, social service organizations, NGO, etc. to assess and coordinate with the affected individuals and the shelter facility. TCCHC has developed the related protocol, workflow, and processes for shelter referral.</p> <p>Columbia Pacific Coordinated Care Organization (CPCCO) will assist their patients and clients who are under Oregon Medicaid with receiving hotel rooms. CPCCO staff will monitor their needs for necessities of daily living, food, laundry, and medications while in isolation.</p> <p>Tillamook County Community Health Centers will connect affected individuals with housing and food assistance programs as needed with Community Action and/or other local resources during and post sheltering.</p> <p>Tillamook County Community Health Centers will work with OHA to monitor individuals on isolation and quarantine. Unless there is a need for medical</p>

	<p>services, it is recommended those who test positive for COVID- 19 and/or have signs and symptoms, stay at home until they have been symptom-free for 72 hours (3 days). By following these strategies, it will help protect the health and safety of workers in critical industries, high risk facilities, mass transit, and other sectors.</p>
<p>Counties provide a narrative of how they will respond to three different outbreak situations in the county (e.g. nursing home, jail, food processing facility, farmworker housing, other group living situations)</p>	<p><b>Long Term Care Facility:</b>  Tillamook County Community Health Centers (TCCHC) collaborates closely with the Long-Term Care Facilities and their Executive Directors in an outbreak situation. Tillamook County created a Medical Advisory Group for its healthcare providers in the county, which includes LTCF's. TCCHC has also provided PPE to local LTCF's.</p> <p>Upon notification of a resident at a facility exhibiting symptoms consistent with COVID-19, the following is to take place:</p> <ul style="list-style-type: none"> <li>• Tillamook County Community Health Centers will work to arrange testing for the patient and those with close personal contact of the patient. The testing may be arranged through Adventist Health Tillamook or through TCCHC. Determination will be made in conjunction with the county public health officer and the patient's PCP.</li> <li>• TCCHC will relay to OHA the report of testing being conducted at a LTCF and (if positive) will request an OHA strike team to deploy for additional resources.</li> <li>• Continuing care will be done in accordance with OHA guidelines and recommendations.</li> <li>• PPE will be deployed to the LTCF for staff and patients.</li> <li>• Tillamook County Community Health Centers will ensure that all infection prevention control measures are in place to help mitigate further transmission in the facility based on OHA LTCF COVID-19 Tool Kit guidelines.</li> </ul> <p>Additionally, Tillamook County Community Health Centers will also work with OHA for an outbreak number and additional resources as needed. To date, Tillamook County Community Health Centers has provided local LTCFs personal protective equipment (PPEs) and will provide testing supplies as needed to assist with testing at OSPHL for symptomatic residents and staff of the LTCF.</p> <p><b>Tillamook County Adult Correctional Facility:</b> Tillamook County Sheriff's Office has adopted internal guidance on limiting and addressing the potential spread of COVID-19 within the facility. Additionally, Tillamook County will be utilizing the guidance document developed by the Oregon Health Authority and the Oregon Department of Corrections that serve as guidance specific for correctional facilities and detention centers during the outbreak of COVID-19. Adventist Health Tillamook is contracted to provide medical services to the correctional facility.</p>

	<p>Upon notification of an incarcerated individual exhibiting symptoms consistent with COVID-19, the following is to take place:</p> <ul style="list-style-type: none"> <li>• Adventist Health Tillamook will work to arrange testing for the patient and those with close personal contact of the patient. The testing may be arranged through Adventist Health Tillamook or through TCCHC. Notification will be made to TCCHC of a patient being tested. Determination will be made in conjunction with the county public health officer and the medical director for Adventist Health Tillamook.</li> <li>• TCCHC will relay to OHA the report of testing being conducted at a correctional facility and (if positive) will request a OHA strike team to deploy for additional resources.</li> <li>• Continuing care will be done in accordance with OHA guidelines and recommendations.</li> <li>• Tillamook County Sheriff will work with TCCHC to coordinate the deployment of PPE to other inmates and correctional staff.</li> </ul> <p><b>Food Processing Facility:</b> Tillamook County is home to a number of food processing plants that employ over 100 persons. A positive test inside a food processing plant would exponentially grow the number of cases in the county since some plants run 24/7 operations and all employees would have to be tested. Upon notification that an employee has tested positive the following is to take place:</p> <ul style="list-style-type: none"> <li>• Tillamook County Community Health Centers will arrange testing for the facility by opening up a testing clinic on site or arranging for employees to be tested at a pre-arranged location.</li> <li>• TCCHC will relay to the Oregon Department of Agriculture and OSHA the report of testing being conducted at a food processing plant and will request OHA to deploy staff and additional resources including test kits.</li> </ul> <p>Guidance will be given to the employer to give to their employees regarding reporting of symptoms, incubation periods and other important information.</p>
<b>Finalized State Sector Guidelines</b>	<b>State releasing to sectors</b>
<b>Sufficient Health Care Capacity</b>	
Region must be able to accommodate a 20% increase in hospitalizations	YES – Tillamook County is included in Health Region 1, which includes the Portland Metro area. The Tillamook county’s only hospital is affiliated with Adventist Health in Portland. Both the Tillamook Adventist hospital and TCCHC are a part of the regional Healthcare Preparedness Organization and will coordinate with area hospitals for admission and transfer of patients.

	<p>YES – Adventist Health Tillamook has created a nurse staffing medical surge plan related to COVID-19 and is able to meet the hospital needs of COVID-19 patients. Tillamook County COVID-19 can be treated at Adventist Tillamook Health and, if necessary, be transferred for a higher level of care. Adventist Health Tillamook has an Intensive Care Unit with 4 ICU room and 2 in-patient negative pressure rooms. There are 4 ventilators available at the hospital.</p> <p><b>HEALTH REGION</b> – Tillamook County understands that the Region has met these criteria and OHA has this information.</p>
<b>Sufficient PPE Supply</b>	
Hospitals in region are reporting PPE supply daily through HOSCAP	<p>YES – Adventist Health Tillamook currently reports daily into the HOSCAP System.</p> <p><b>HEALTH REGION</b> – Tillamook County understands that the Region has met these criteria and OHA has this information.</p>
Hospitals in region must have a 14 or 30-day supply of PPE depending on their size and whether they are a rural hospital	<p>YES – Adventist Health Tillamook Hospital attests that they have a 14-day supply of PPE per Adventist Health Tillamook President Eric Swanson.</p> <p><b>STATE</b> – Tillamook County understands the State of Oregon is addressing these criteria and OHA has this information.</p> <p><b>HEALTH REGION</b> – Tillamook County understands that the Region has met these criteria and OHA has this information.</p>
Counties must have sufficient PPE for First Responders	<p>YES – Tillamook County Community Health Centers 's Emergency Preparedness Coordinator reports that at current requested levels, current burn rates and current inventory levels, there is enough supply on-hand to meet current needs. Additionally, internal ordering and EOC requests indicate that, while there may be delay, PPE orders will be fulfilled in all likelihood.</p> <p><b>STATE</b> - Tillamook County understands the State of Oregon is addressing these criteria and OHA has this information.</p>