June 28<sup>th</sup>, 2020



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## COVID-19 Response

## Two More Positive Cases of COVID-19 Reported in Tillamook County

The Tillamook County Public Health Department announced Sunday, June 28 that it has been informed of the eighth and ninth positive cases of COVID-19 coronavirus in the county.

The individuals are between the ages of 60-69 and 30-39 respectively.

Public health department staff is working with both individuals who remains under self-isolation at home. Contact investigation is currently ongoing. Community members with health concerns can contact the Health Center's COVID-19 nurse line at 503-842-3940.

COVID-19 is a highly infectious illness. Local and state health officials continue to urge all Oregonians to take steps to protect those who are most vulnerable to complications from COVID-19. Those considered "high risk" include adults 60 and older, or anyone with a serious health condition, including lung or heart problems, kidney disease, or diabetes, or anyone who has a suppressed immune system.

To help control the spread of the illness the public is urged to follow Oregon Gov. Kate Brown's March 23 executive order to stay home to the maximum extent possible.

Every resident should take these basic steps to protect those most at risk:

- Cover your mouth and nose when you cough or sneeze.
- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Stay home if you feel ill.

For information on the most current cases in Oregon, including future positive cases in Tillamook County use the link at the Oregon Health Authority site:

## http://healthoregon.org/coronavirus

## About Tillamook County Community Health Centers

Tillamook County Health Department if part of Tillamook County Community Health Centers which has been a Federally Qualified Health Center since 1994, providing medical, dental, behavioral and public health services. Please visit our website at <u>https://tillamookchc.org/</u> or on Facebook at TillamookCHC.